## RIVERSIDE CATERING SCHOOL MEALS

### THREE CHOICE MENU - CHILLED CHOICE

### From November 2023

THREE CHOICE HEIGO - CHIEFED CHOICE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK	Pasta Bolognaise & Garlic Bread (H/M)	Sausage & Yorkshire Pudding	Quorn Meatballs (VG)	Roast Chicken & Yorkshire Pudding	Fish Fingers
	Quorn Hot Dog (VG)	Jacket Potato with a Selection of Fillings	Cheese & Tomato Pizza (V)	Jacket Potato with a Selection of Fillings	Quorn Enchilada (H/M)(V)
13/11/23	Chilled Choice Cheese or Ham	Chilled Choice Cheese or Tuna	Chilled Choice Cheese or Ham	Chilled Choice Cheese or Tuna	Chilled Choice Cheese or Ham
04/12/23	Sliced Potatoes	Creamed Potatoes	Potato Wedges	Roast & Creamed Potatoes	Chips
08/01/24 29/01/24	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
26/02/24 18/03/24	Iced Sponge & Custard Rice Crispy Bun	Flapjack Cookie & Milk	Brownie Fruit Jelly	Lemon Shortcake & Custard Muffin	Ice Cream & Fruit Cookie & Milk
WEEK	Cottage Pie (H/M)	Chicken Tikka Masala, Boiled Rice & Naan Bread	Quorn Sausage & Bean Plait (H/M)(V)	Roast Pork & Yorkshire Pudding	Battered Fish
2	Jacket Potato with a Selection of Fillings	Quorn Dippers (VG)	French Bread Pizza (V)	Quorn Burger (V)	Jacket Potato with a Selection of Fillings
20/11/23	Chilled Choice Cheese or Ham	Chilled Choice Cheese or Tuna	Chilled Choice Cheese or Ham	Chilled Choice Cheese or Tuna	Chilled Choice Cheese or Ham
11/12/23	Diced Potatoes	Sliced Potatoes	Potato Wedges	Roast & Creamed Potatoes	Chips
15/01/24 05/02/24	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
04/03/24 25/03/24	Jam Whirl & Custard Cookie & Milk	Chocolate Crunch Ice Cream & Fruit	Lemon Drizzle Cake Cookie & Milk	Chocolate & Orange Sponge & Chocolate Sauce Fruit Jelly	Strawberry Mousse Muffin
WEEK	Burger in a Bun	Chicken Fajitas	Salmon Fishcake	Roast Chicken & Yorkshire Pudding	Fish Fingers
3	Quorn Pasta Bake (H/M) (V)	Jacket Potato with a Selection of Fillings	Cheese & Tomato Pizza (V)	Jacket Potato with a Selection of Fillings	Quorn Lasagne (H/M)(V)
27/11/23	Chilled Choice Cheese or Ham	Chilled Choice Cheese or Tuna	Chilled Choice Cheese or Ham	Chilled Choice Cheese or Tuna	Chilled Choice Cheese or Ham
18/12/23	Sliced Potatoes	Savoury Rice	Potato Wedges	Roast & Creamed Potatoes	Chips
22/01/24	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
19/02/24 11/03/24	Chocolate Fudge Slice Rice Crispy Bun	Orange & Lemon Sponge & Custard Cookie & Milk	Ice Cream & Fruit Cupcake	Chocolate Sponge & Custard Fruit Jelly	Fruit Tart Cookie & Milk





#### Salad, Fresh Fruit, Yoghurt and Milk are all available every day. H/M – Homemade V – Vegetarian

- All food oven baked (including potato products) wherever possible.
- Bread available daily without spread.
- All desserts are made on the premises.

### FREE SCHOOL MEALS

You can claim free school meals for a child who lives with you and who you are responsible for.

Your claim will be automatically processed if you receive Housing Benefit or Council Tax Reduction and get any of the qualifying benefits.

#### **Eligibility**

Your child is eligible for Free School Meals if you get one or more of the following benefits:

- Income Support
- Income-based Job Seekers' Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guaranteed element of State Pension Credit
- Child Tax Credit. Provided you are not also entitled to Working Tax Credit, and have an annual gross income, of no more than £16,190 (as of 2014 financial year) as assessed by Her Majesty's Revenue and Customs
- Working Tax Credit run-on. Paid for four weeks after you stop qualifying for Working Tax Credit

#### **Apply Online**

Simply complete the form online:

- Rotherham Schools at www.rotherham.gov.uk
- Doncaster Schools at www.doncaster.gov.uk
- Sheffield Schools at www.sheffield.gov.uk

# **MEDICAL DIETS**

My child needs a special diet, can they still have a school lunch?

With a wide variety of foods provided, we are able to cater for a range of different tastes. We can cater for children with prescribed medical diets, formally diagnosed food allergies as well as cultural diets.

In order to ensure that we provide meals that meet with your child's needs we will need to meet with parent/carers/dieticians to discuss individual requirements.

Please contact **Riverside Catering** on **01709 822312** to arrange an appointment with your local Area Catering Manager.

We welcome your feedback. If you have any questions or comments please email riversidecatering@rotherham.gov.uk or ring 01709 822312



www.riversidecatering.org.uk

